

# LHS Extra-Curricular Timetable - Sport

## Winter

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>AM: 7.45 - 8.20</b>	<b>Senior Rugby Training (Gym)</b>	<b>Y9 Rugby Skills (BG) Y7&amp;8 Football (SH)</b>	<b>Y8 Rugby Skills (BG)</b>	<b>Y10 Rugby Skills (BG)</b>	<b>Senior Rugby Training (Gym)</b>
<b>Lunchtime</b>					
<b>PM: 2.45 - 3.45pm</b>	<b>Y7,8&amp;9 Development Netball (SH)  Senior Football Training (3G)  Senior Basketball (GG)</b>	<b>Y7&amp;8 Rugby (BF)  Y9&amp;10 Football (3G)  All years Running Club  Y7 Netball (SH)</b>	<b>Senior Rugby Training (3G)  Y7,8&amp;9 Team Netball Training (SH)</b>	<b>Y7&amp;8 Football (3G)  Y9&amp;10 Rugby (BF)  Senior Netball Training (SH)  All years mixed Hockey</b>	<b>Y7,8&amp;9 Basketball (BG)  Running Club  All years Girls Football</b>

- Activities & Facilities may change depending on school fixtures. The timetable will be updated weekly on Instagram. Please follow the PE department to keep yourselves up to date.
- Please have correct kit for extra-curricular activities.



Lhs\_pdept1

# LHS Extra-Curricular Timetable - Subjects

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>After School</b> <b>2.45 to 3.45pm</b>		<b>Inclusive Badminton</b> <b>All year groups, no kit required.</b> <b>Girls Gym</b> <b>MOH/EP</b>  <b>Product Design &amp; Engineering keep up/catch up</b> <b>9-13</b> <b>DT rooms.</b> <b>MGB/DO/GT</b>  <b>Criw Cymraeg</b> <b>Years 8-9</b> <b>Room 7. JOH/RJ</b>	<b>Art/Photography</b> <b>Years 7-13</b> <b>Rooms 37 &amp; 38. PF/AR</b>  <b>Welsh Club</b> <b>Years 7-8</b> <b>Room 1. JOH</b>  <b>Health &amp; Social Care Catch Up</b> <b>Year 10</b> <b>Room 24. JOG</b>  <b>Homework Club</b> <b>Years 7-13</b> <b>Room LS. LS Staff</b>	<b>Book Club</b> <b>Once per term</b> <b>Years 7-11</b> <b>Library – check notice board. EHZ</b>  <b>Pokemon Club</b> <b>Years 7-13</b> <b>Room LS. Ms Daley</b>  <b>Music Coursework Catch Up</b> <b>Years 10-13</b> <b>CA1. MMU/LD3</b>	
<b>After School</b> <b>2.45 to 3.45pm</b>		<b>Junior Choir</b> <b>Years 7-8</b> <b>CA2. LD3</b>  <b>Senior Choir</b> <b>Years 9-13</b> <b>CA1. MMU</b>  <b>Art/Photography</b> <b>Years 7-13</b> <b>Rooms 37 &amp; 38. PF/AR</b>	<b>Christian Union</b> <b>ALL year groups</b> <b>S15. RCL</b>  <b>School Orchestra</b> <b>All year groups</b> <b>CA1. MMU/LD3</b>  <b>Drama Club</b> <b>Years 7-9</b> <b>CA6. SJ/BGW</b>	<b>D and D Gamebook Club</b> <b>ALL year groups</b> <b>Sign up in the library</b> <b>Library. EHZ</b>  <b>Health &amp; Social Care Catch Up</b> <b>Years 11</b> <b>Room 50. EBT</b>  <b>Shakespeare Club</b> <b>Years 10-13</b> <b>CA7. BGW</b>	

# LHS Extra-Curricular Timetable - Subjects

	Monday	Tuesday	Wednesday	Thursday	Friday
After School 2.45 to 3.45pm		Craft Club Years 7-13 Room LS. Ms Ryan & Ms Daley  Debate Club & Public Speaking Year 7-13 Room 31. HD			
After School 2.45 to 3.45pm					