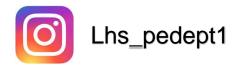
LHS Extra-Curricular Timetable - Sport Winter

	Monday	Tuesday	Wednesday	Thursday	Friday
AM: 7.45 - 8.20	Senior Rugby Training (Gym)	Y9 Rugby Skills (BG) Y7&8 Football (SH)	Y8 Rugby Skills (BG)	Y10 Rugby Skills (BG)	Senior Rugby Training (Gym)
Lunchtime					
PM: 2.45 - 3.45pm	Y7,8&9 Development Netball (SH) Senior Football Training (3G) Senior Basketball (GG)	Y7&8 Rugby (BF) Y9&10 Football (3G) All years Running Club Y7 Netball (SH)	Senior Rugby Training (3G) Y7,8&9 Team Netball Training (SH)	Y7&8 Football (3G) Y9&10 Rugby (BF) Senior Netball Training (SH) All years mixed Hockey	Y7,8&9 Basketball (BG) Running Club All years Girls Football

- Activities & Facilities may change depending on school fixtures. The timetable will be updated weekly on Instagram. Please follow the PE department to keep yourselves up to date.
- Please have correct kit for extra-curricular activities.



LHS Extra-Curricular Timetable - Subjects

	Monday	Tuesday	Wednesday	Thursday	Friday
After School 2.45 to 3.45pm		Inclusive Badminton All year groups, no kit required. Girls Gym MOH/EP Product Design & Engineering keep up/catch up 9-13 DT rooms. MGB/DO/GT Criw Cymraeg Years 8-9 Room 7. JOH/RJ	Art/Photography Years 7-13 Rooms 37 & 38. PF/AR Welsh Club Years 7-8 Room 1. JOH Health & Social Care Catch Up Year 10 Room 24. JOG Homework Club Years 7-13 Room LS. LS Staff	Book Club Once per term Years 7-11 Library – check notice board. EHZ Pokemon Club Years 7-13 Room LS. Ms Daley Music Coursework Catch Up Years 10-13 CA1. MMU/LD3	
After School 2.45 to 3.45pm		Junior Choir Years 7-8 CA2. LD3 Senior Choir Years 9-13 CA1. MMU Art/Photography Years 7-13 Rooms 37 & 38. PF/AR	Christian Union ALL year groups S15. RCL School Orchestra All year groups CA1. MMU/LD3 Drama Club Years 7-9 CA6. SJ/BGW	D and D Gamebook Club ALL year groups Sign up in the library Library. EHZ Health & Social Care Catch Up Years 11 Room 50. EBT Shakespeare Club Years 10-13 CA7. BGW	

LHS Extra-Curricular Timetable - Subjects

	Monday	Tuesday	Wednesday	Thursday	Friday
After School 2.45 to 3.45pm		Craft Club Years 7-13 Room LS. Ms Ryan & Ms Daley Debate Club & Public Speaking Year 7-13 Room 31. HD			
After School 2.45 to 3.45pm					